

Menu Week 1

Meal Period					Thursday 1 Dec 2022	Friday 2 Dec 2022
Breakfast	Choice of 1 Snacks				Mini egg sandwiches Fried mee hoon singapore style Mini egg sandwiches	Triangle toast with pandan kaya Cantonese style yee mee Triangle toast with pandan kaya
	Vegetarian Snack				Soya bean	Fresh milk
	Beverage					
Lunch	Choice of					
	Set A				Fusilli pasta with tomato sica Roasted chicken with rosemary herb Cauliflower with carrot	Spaghetti pasta with mushroom cream Baked whole chicken with brown sauce Assorted green vegetables
	OR					
	Set B				Steamed fragrant white rice Steamed fish fillet with shallot sauce Siew pak choi with oyster sauce	Steamed fragrant white rice Deep fried fish fillet with sweet sauce Local green vegetables
Vegetarian Dish				Fragrant white rice Braised hard beancurd with mushroom Siew pak choi	Fragrant white rice Japanese beancurd with carrot chopped Local green vegetables	
Drinks				Watermelon Warm water	Green Apple Warm water	
Dessert OR Fruit						

Menu Week 2

Meal Period		Monday 5 Dec 2022	Tuesday 6 Dec 2022	Wednesday 7 Dec 2022	Thursday 8 Dec 2022	
Breakfast	Choice of 1 Snacks	Toast bread with strawberry & kaya Fried nissin noodles	Mini sausage roll Japanese style fried kuey teow	French toast with apple syrup Chinese fried rice	Mini fruits cake Braised yee mee Hong Kong style	TERM 1 REPORT DAY
	Vegetarian Snack	Toast bread with strawberry & kaya	Mini sausage roll	French toast with apple syrup	Mini fruits cake	
	Beverage	Light soy drink	Milo drink	Barley drink	Loh hon kor	
Lunch	Choice of	Penne pasta Aglio style Pan-seared chicken breast with tomato Assorted vegetables	Fragrant chicken rice BBQ roasted chicken Fresh cucumber slice	White curry mee Long bean/ bean sprout/ beancurd Steamed white chicken	Roasted chicken Deep fried potato wedges cranberry sauce Broccoli flower and carrot	
	Set A					
	OR					
	Set B	Fragrant white rice Baked fish with sica tomato & cheese Braised long bean with garlic	Fragrant white rice Grilled fish fillet with chilli crab sauce Assorted vegetables	Fragrant white rice Steamed fish fillet with onion sambal Stir fried round cabbage with dry shrimp	Fragrant white rice Pan-seared fish fillet with garlic butter Local vegetables	
Vegetarian Dish	Fragrant white rice / pasta Steamed soft beancurd with soy sauce Long bean with Carrot	Fragrant white rice Deep fried japanese taufoo with egg drop Assorted vegetables	Fragrant white rice/ noodles soup Deep fried vegetarian prawn roll Stir fried round cabbage	Fragrant white rice / pasta Mini vegetarian hand roll Local vegetables		
Drinks	Red Apple Warm water	Honey Dew Warm water	Orange Warm water	Watermelon Warm water		
Dessert OR Fruit						